

What the Right Bike Can Do for You

What to Look for in a Used Bike

If you're looking for basic transportation, a secondhand bike can be a fun, inexpensive and eco-friendly choice.



Rails-to-Trails Could Give Schools and Communities Safe Routes to School

Schools and cities all around the U.S. are using abandoned rail corridors to encourage foot and bike transportation in their communities.



Pedal Power for Your Grain Grinder

Connect a bike to a grain grinder to discover a whole new world of pedal power possibility.



Build a Bicycle Cargo Trailer

Haul loads of heavy things--even barbecue grills--with this DIY bicycle cargo trailer. The instructions include recycled bicycle parts!

BLOGGER PROFILE: HOMEMADE BREAD AND COOKING SKILLS

Susan Van Slooten: Bread-Baking Instructor and Sustainable Food

Sue Van Slooten writes about baking bread from scratch and issues surrounding sustainable food and food systems.



Easy-to-make Solar Cooker

You can make this simple and effective solar cooker with just a few household supplies.

<http://nobchen.wordpress.com/>

